



**Full Length Article**

# Antimicrobial Activity of Four *Nigella* Species Grown in Southern Turkey

HUSEYİN TANIS<sup>1</sup>, ASHABİL AYGAN AND METİN DIGRAK

Kahramanmaraş Sutcu Imam University, Faculty of Sciences and Letters, Department of Biology, 46100 Kahramanmaraş-Turkey

<sup>1</sup>Corresponding author's e-mail: huseyintanis23@hotmail.com

## ABSTRACT

Antimicrobial activity of chloroform, acetone and methanol extract of four *Nigella* species flower, stem, leaves and seeds was investigated by disk diffusion method. Plant species were collected from Ahir Mountain in Kahramanmaraş, Turkey which is a hotspot of biodiversity ecologically. Among the plant part of *Nigella* sp., a significant antimicrobial activity was obtained by acetonetic extraction of *Nigella sativa* seeds. Even if the antimicrobial activity spectrum considered against tested microorganism, acetonetic extract of *N. sativa* seeds was the most effective on both Gram negative and Gram positive bacteria and least effective against *K. Pneumonia*. Chloroform and methanol extract of *N. arvensis* and *N. unguicularis* were the least effective against these microorganisms. This study further verified the antimicrobial properties and comparison of *Nigella* sp. as a potential antimicrobial agent.

**Key Words:** *Nigella* sp.; Antimicrobial; Antibacterial; Seed; Acetonetic Extract

## INTRODUCTION

Interest in herbal medicine among the people dates back to ancient times in many countries. *Nigella* sp. is known as black cumin, is used for culinary and medicinal purpose in Middle Eastern countries. Genus *Nigella* comprises about 15 species of annual plants in the family *Ranunculaceae*. The *Nigella* sp. seeds are consumed and processed in Southern Europe, Russia, North Africa, Sudan, Ethiopia, Kenya, Syria, Iran and Afghanistan (Tutin *et al.*, 1964). *Nigella* sp. seeds contain 36-38% fixed oils, protein, alkaloids, saponin and 0.4-2.5% essential oils (Hosseinzadeh *et al.*, 2007). Fatty acid determination analysis showed that the seed oils composed of oleic acid (39-44.5%), linoleic acid (36-37.6%), palmitic acid (6.31%), myristic acid (0.26%), stearic acid (2.45%) and linolenic acid (1.9%). The analysis of essential oils extracted by steam distillation mainly contained nigellon, 2-methyl-4-isopropyl-p-quinone and thymoquinone (Aktuzlu, 1976). Four alkaloids have been reported as constituents of *N. sativa* seeds. Nigellidine and nigellidine have an indazole nucleus, whereas nigellimine and its N-oxide are isoquinolines (Ali & Blunden, 2003).

Beyond antibiotic resistance research for infection control, scientists are increasingly investigating the antimicrobial properties of plant extracts and fractions (Taskova *et al.*, 2002; Kariba, 2002; Malika *et al.*, 2004; Imelouane *et al.*, 2009). Several scientific reports have described the inhibitory effect of plants on a variety of

microorganisms, although considerable variation for resistance of different microorganisms to a given plant and of the same microorganisms to different plants has been observed (Arora & Kaur, 1999). Although the antimicrobial activities of *Nigella sativa* extract has been reported (Hanafy & Hatem, 1991; Morsi, 2000), this report deals with the antimicrobial activities of four different *Nigella* species (*N. damascena*, *N. sativa*, *N. arvensis*, *N. unguicularis*).

## MATERIALS AND METHODS

***Nigella* samples.** *Nigella* sp. (*N. damascena*, *N. sativa*, *N. arvensis*, *N. unguicularis*) samples were collected from Kucukgol region (1400 m) of Ahir Mountain, at 37° 37' 43'' N and 36° 54' 59'' E in Kahramanmaraş, Turkey. This mountain is one of the most important centres of endemism and hotspot of biodiversity ecologically. The specimens were identified mainly by using Flora of Turkey (Davis, 1982) in University of Sutcu Imam.

**Microorganisms.** The microorganisms used in this study were *Escherichia coli* DM, *Enterobacter aerogenes* CCM 2531, *Klebsiella pneumoniae* FMC 5, *Bacillus cereus* FMC 19, *Bacillus megaterium* DSM 32, *Bacillus subtilis* IMG 22, *Pseudomonas aeruginosa* DSM 50071, *Staphylococcus aureus* Cowan 1, *Listeria monocytogenes* Scoot A, *Mycobacterium smegmatis* RUT, *M. luteus*, *Proteus vulgaris* and *Saccharomyces cerevisiae* UGA 102, *Rhodotorula rubra*, *Candida albicans* and *Kluyveromyces fragilis* obtained from culture collection of Department of

Biology, University of Sutcu Imam, Kahramanmaraş-Turkey.

**Extraction.** After identification of *Nigella* specimens, plant parts to be investigated were grounded in an omnimixer and extracted for 24 h in a Soxhlet extractor with 150 mL of chloroform (İlçim *et al.*, 1997; Dulger *et al.*, 1997). The sample was concentrated in a rotary evaporator at 50-55°C. After 3 mL chloroform addition, the sample was stored -50°C until loaded on the antibiotic discs (Bagcı & Dıgrak, 1996). The preparation of antibiotic disc was accomplished by loading 25 µL of the sample to the sterile discs (Schleicher & Schül, Nr. 2668, Germany). Chloroform, acetone and methanol loaded discs were also used as control.

**Determination of antimicrobial activity.** The antimicrobial effects were tested by the disc-diffusion method. Mueller Hinton agar plates were cultured with a standardized inoculums ( $10^8$  cfu mL<sup>-1</sup>) of each bacterial strain and also Sabouraud dextrose agar were cultured with each of yeast strains ( $2.1 \times 10^3$  cfu mL<sup>-1</sup>) (Collins *et al.*, 1989). The plates were incubated at 35-37°C for 24 h and 30°C for 48 h for bacterial strain and fungal strain, respectively. After incubation the diameter of zone of inhibition was measured by a compass.

## RESULTS AND DISCUSSION

With the disc diffusion method antimicrobial effect of *Nigella* sp. extracts produced different inhibition zone on tested microorganisms. Among the *Nigella* species' leaves used, Chloroform extract of *N. damascena* showed the moderate antimicrobial activity compared to control antibiotic ampicillin (Table I). When the stem extract considered the highest antimicrobial activity was obtained by chloroform extract of *N. unguicularis*. *Bacillus*

*megaterium* was the most sensitive microorganism to this extract among the others (Table II). Acetonic extract of capsule of *N. unguicularis* showed the highest inhibitory activity on tested microorganisms (Table IV). Chloroform extract of flowers and capsules of *N. arvensis* showed the better antimicrobial activity compared to other extracts (Table III). Among the plant part of *Nigella* species, the significant antimicrobial activity was obtained by acetonic extraction of *Nigella sativa* seeds. Even if the antimicrobial activity spectrum considered against tested microorganism, *N. sativa* seeds were the most effective part of the plant (Table V).

The antimicrobial activity of *Nigella* seeds in this study are in conformity with the results of Hanafy and Hatem (1991), Morsi (2000) and Chaudhry and Tariq (2008). The acetonic extract was effective both gram negative and gram positive bacteria. On the other hand, chloroform and methanol extract of *N. arvensis* and *N. unguicularis* were the least effective against the microorganisms. Of all the microorganisms, *B. cereus*, *S. aureus* and *P. aeruginosa* were the most sensitive to chloroform extract of *N. unguicularis* stem and similarly *B. Subtilis*, *B. cereus*, *B. megaterium* and *L. monocytogenes* were the most sensitive to chloroform extract of *N. arvensis* capsules. While *B. megaterium* was the most sensitive to chloroform extract of *N. arvensis* capsule. *K. Pneumoniae* was the most sensitive strain to acetonic extract of *N. sativa* seeds (Table I-V).

While considering the chemicals used for extraction, chloroform and acetone were the effective solvent in showing better inhibition against the microorganism. However, methanol indicated more resistance, which is probably due to the reason that methanol did not remove the antimicrobial agents from the samples (Senhaji *et al.*, 2005).

**Table I. Antimicrobial Activity of Chloroform, Acetone and Methanol extract of *Nigella* sp. leaves.**

Microorganisms	<i>N. damascena</i>			<i>N. sativa</i>			<i>N. arvensis</i>			<i>N. unguicularis</i>			Standard Antibiotic	
	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	A10	NS
<i>B. megaterium</i>	14	12	8	12	10	12	15	14	12	9	11	8	11	ND
<i>B. subtilis</i>	15	13	10	10	11	10	14	11	13	8	13	7	15	ND
<i>B. cereus</i>	12	10	9	9	8	9	12	10	12	9	14	9	12	ND
<i>E. coli</i>	-	11	-	10	8	-	-	7	10	-	12	-	11	ND
<i>K. pneumoniae</i>	10	14	9	10	13	10	10	8	12	8	10	-	17	ND
<i>E. aerogenes</i>	11	13	10	10	14	10	13	12	10	8	10	7	16	ND
<i>S. aureus</i>	12	14	7	9	9	7	12	9	9	9	-	9	16	ND
<i>M. smegmatis</i>	14	13	9	13	13	10	10	13	9	12	9	10	19	ND
<i>M. luteus</i>	10	12	-	10	12	10	11	13	-	9	9	-	33	ND
<i>P. vulgaris</i>	12	11	11	12	12	10	11	10	-	10	12	9	14	ND
<i>L. monocytogenes</i>	10	13	-	10	10	13	9	10	10	11	10	9	12	ND
<i>P. aeruginosa</i>	12	9	9	-	-	-	10	13	10	10	11	-	10	ND
<i>S. cerevisiae</i>	12	11	10	8	8	8	9	7	9	12	15	-	ND	18
<i>C. albicans</i>	15	10	13	10	10	10	10	9	-	14	12	9	ND	18
<i>R. rubra</i>	15	10	13	10	12	-	10	9	-	12	12	8	ND	14
<i>K. fragilis</i>	13	12	10	12	11	8	11	8	9	12	12	8	ND	15

Ch: Chloroform; Ac: Acetone; Me: Methanol; A10: Ampicillin 10 µg; NS: Nystatine 100U;

ND: Not Detected; Control (Acetone, Chloroform and Methanol): No inhibition Zone

Standard Antibiotic	Resistant (mm)	Moderate (mm)	Sensitive (mm)
<sup>1</sup> Ampicillin 10 µg	<11	12-14	>16
<sup>2</sup> Nystatin 30 µg	<12	14-17	>18

**Table II. Antimicrobial Activity of Chloroform, Acetone and Methanol Extract of *Nigella* sp. stem**

Microorganisms	<i>N. damascena</i>			<i>N. sativa</i>			<i>N. arvensis</i>			<i>N. unguicularis</i>			Standard Antibiotic	
	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	A10	NS
<i>B. megaterium</i>	18	8	11	15	-	10	15	13	10	25	10	12	11	ND
<i>B. subtilis</i>	18	8	13	16	7	7	16	13	10	20	10	13	15	ND
<i>B. cereus</i>	19	8	11	16	7	7	15	10	10	28	-	10	12	ND
<i>E. coli</i>	10	-	10	-	8	9	10	8	9	-	9	-	11	ND
<i>K. pneumoniae</i>	12	10	12	8	9	9	10	8	9	22	9	10	17	ND
<i>E. aerogenes</i>	12	9	10	7	8	9	10	8	10	20	9	10	16	ND
<i>S. aureus</i>	10	10	10	7	8	9	11	8	10	28	8	10	16	ND
<i>M. smegmatis</i>	11	11	13	12	9	8	12	8	10	23	8	9	19	ND
<i>M. luteus</i>	11	11	14	10	8	8	12	9	12	25	8	10	33	ND
<i>P. vulgaris</i>	16	8	10	11	-	10	10	-	10	20	8	-	14	ND
<i>L. monocytogenes</i>	15	8	12	10	9	7	12	8	9	-	7	8	12	ND
<i>P. aeruginosa</i>	9	-	12	11	-	7	10	7	-	28	8	-	10	ND
<i>S. cerevisiae</i>	10	-	10	12	9	10	10	10	9	14	9	8	ND	18
<i>C. albicans</i>	10	9	10	12	9	10	10	9	8	17	9	7	ND	18
<i>R. rubra</i>	10	8	9	11	10	11	10	9	-	17	10	-	ND	14
<i>K. fragilis</i>	10	7	10	10	11	10	10	9	8	15	8	-	ND	15

Ch:Chloroform; Ac: Acetone; Me: Methanol; A10: Ampicillin 10 µg; NS: Nystatine 100U;  
 ND: Not Detected; Control (Acetone, Chloroform and Methanol): No inhibition Zone

**Table III. Antimicrobial activity of Chloroform, Acetone and Methanol extract of *Nigella* sp. flowers**

Microorganisms	<i>N. damascena</i>			<i>N. sativa</i>			<i>N. arvensis</i>			<i>N. unguicularis</i>			Standard Antibiotic	
	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	A10	NS
<i>B. megaterium</i>	15	12	10	14	11	12	17	11	-	16	13	-	11	ND
<i>B. subtilis</i>	15	12	10	14	11	12	15	13	7	16	13	-	15	ND
<i>B. cereus</i>	14	13	10	14	13	12	15	13	7	16	13	-	12	ND
<i>E. coli</i>	10	11	-	10	-	-	10	-	10	12	12	9	11	ND
<i>K. pneumoniae</i>	12	14	-	12	15	10	14	13	9	12	12	12	17	ND
<i>E. aerogenes</i>	10	13	-	12	14	10	16	15	-	12	12	14	16	ND
<i>S. aureus</i>	10	15	9	12	16	10	18	14	12	14	15	12	16	ND
<i>M. smegmatis</i>	16	12	13	10	10	10	14	13	12	15	12	12	19	ND
<i>M. luteus</i>	10	10	11	12	10	10	13	13	10	10	14	7	33	ND
<i>P. vulgaris</i>	14	10	8	10	9	10	16	10	10	10	12	12	14	ND
<i>L. monocytogenes</i>	12	10	8	9	10	10	14	10	13	13	10	10	12	ND
<i>P. aeruginosa</i>	10	8	8	9	10	9	14	8	-	7	10	7	10	ND
<i>S. cerevisiae</i>	13	10	-	12	12	10	10	10	10	9	9	10	ND	18
<i>C. albicans</i>	13	10	-	12	12	10	8	10	-	9	10	10	ND	18
<i>R. rubra</i>	13	10	10	12	10	10	8	12	10	9	10	10	ND	14
<i>K. fragilis</i>	13	10	11	12	12	10	8	12	10	9	12	10	ND	15

Ch:Chloroform; Ac: Acetone; Me: Methanol; A10: Ampicillin 10 µg; NS: Nystatine 100U;  
 ND: Not Detected; Control (Acetone, Chloroform and Methanol): No inhibition Zone

**Table IV. Antimicrobial Activity of Chloroform, Acetone and Methanol extract of *Nigella* sp. capsules**

Microorganism	<i>N. damascena</i>			<i>N. sativa</i>			<i>N. arvensis</i>			<i>N. unguicularis</i>			Standard Antibiotic	
	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	A10	NS
<i>B. megaterium</i>	15	15	10	15	13	-	21	10	-	12	17	7	11	ND
<i>B. subtilis</i>	15	14	10	15	13	-	20	13	-	12	15	9	15	ND
<i>B. cereus</i>	15	15	10	15	13	12	20	10	-	10	15	9	12	ND
<i>E. coli</i>	14	12	-	9	10	-	-	-	-	-	10	-	11	ND
<i>K. pneumoniae</i>	10	12	10	12	11	11	16	14	10	13	18	-	17	ND
<i>E. aerogenes</i>	10	11	10	14	13	13	11	12	-	13	17	-	16	ND
<i>S. aureus</i>	10	10	11	10	15	10	10	8	10	10	17	10	16	ND
<i>M. smegmatis</i>	10	12	11	17	13	-	10	-	12	13	15	-	19	ND
<i>M. luteus</i>	9	11	8	10	13	9	10	10	10	11	14	-	33	ND
<i>P. vulgaris</i>	10	7	-	10	11	-	-	9	14	10	15	-	14	ND
<i>L. monocytogenes</i>	10	11	-	10	12	9	20	13	10	10	15	10	12	ND
<i>P. aeruginosa</i>	7	7	-	10	10	-	9	8	9	8	10	-	10	ND
<i>S. cerevisiae</i>	9	10	8	10	13	-	10	13	-	12	14	13	ND	18
<i>C. albicans</i>	9	11	9	9	13	7	-	-	-	14	14	8	ND	18
<i>R. rubra</i>	7	10	9	8	12	7	16	12	-	-	12	-	ND	14
<i>K. fragilis</i>	8	10	8	8	15	9	10	10	-	10	12	-	ND	15

Ch:Chloroform; Ac: Acetone; Me: Methanol; A10: Ampicillin 10 µg; NS: Nystatine 100U;  
 ND: Not Detected; Control (Acetone, Chloroform and Methanol): No inhibition Zone

**Table V. Antimicrobial Activity of Chloroforms, Acetone and Methanol extract of *Nigella* sp. seeds**

Microorganisms	<i>N. damascena</i>			<i>N. sativa</i>			<i>N. arvensis</i>			<i>N. unguicularis</i>			Standard Antibiotic	
	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	Ch	Ac	Me	A10	NS
<i>B. megaterium</i>	8	12	8	12	30	10	-	8	-	-	14	-	11	ND
<i>B. subtilis</i>	8	13	8	15	30	10	-	10	-	11	14	-	15	ND
<i>B. cereus</i>	9	12	8	12	27	10	-	8	-	-	14	-	12	ND
<i>E. coli</i>	9	-	-	-	25	10	-	10	-	-	14	-	11	ND
<i>K. pneumoniae</i>	8	10	8	8	32	10	-	14	8	-	14	-	17	ND
<i>E. aerogenes</i>	8	9	9	8	20	7	7	10	-	-	10	-	16	ND
<i>S. aureus</i>	11	11	8	15	30	10	-	14	-	10	14	9	16	ND
<i>M. smegmatis</i>	11	11	8	12	25	9	-	10	-	-	12	-	19	ND
<i>M. luteus</i>	7	8	-	12	13	12	7	13	7	22	13	-	33	ND
<i>P. vulgaris</i>	8	10	-	10	19	11	-	17	-	10	15	10	14	ND
<i>L. monocytogenes</i>	9	-	-	13	7	7	-	8	-	-	9	-	12	ND
<i>P. aeruginosa</i>	-	12	-	10	13	9	-	-	-	-	10	-	10	ND
<i>S. cerevisiae</i>	-	-	-	9	17	10	9	12	-	-	15	-	ND	18
<i>C. albicans</i>	-	-	-	-	9	10	9	12	-	-	8	-	ND	18
<i>R. rubra</i>	7	-	-	7	12	10	-	9	-	-	15	-	ND	14
<i>K. fragilis</i>	7	-	-	9	15	10	-	10	-	9	15	7	ND	15

Ch:Chloroform; Ac: Acetone; Me: Methanol; A10: Ampicillin 10 µg; NS: Nystatine 100U;

ND: Not Detected; Control (Acetone, Chloroform and Methanol): No inhibition Zone

The extraction product also varied in terms of quality, quantity and composition according to climate, soil composition, plant organ, age etc. (Bakkali *et al.*, 2008).

## CONCLUSION

This study verified of antimicrobial properties of *Nigella* sp. as a potential antimicrobial agent. *N. sativa* seed extracts possessed the most promising antimicrobial activity against various microorganisms and this could be used as an topical pharmaceutical preparations.

**Acknowledgement.** We thank Drs. Mustafa CELİK and Ahmet ILCİM for collection and scientific identification of plant samples.

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(Received 22 January 2009; Accepted 05 July 2009)